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Frederick County Health Department

News Release

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FOR IMMEDIATE RELEASE:

JANUARY 24, 2012

SUBSTANCE ABUSE RECOVERY COACH ACADEMY SCHEDULED MARCH 5 – 9, 2012

FREDERICK, MD -- The Frederick County Recovery Oriented System of Care (ROSC) is pleased to announce that they will be offering their first **CCAR** (Connecticut Community for Addiction Recovery) **Recovery Coach Academy**. This is a 30-hour, 5-day training opportunity designed to prepare individuals to coach persons in their recovery from substance abuse. Recovery coaching involves mentoring and guiding individuals in the process of removing barriers and obstacles to their recovery. The training will take place Monday, March 5 through Friday, March 9, 2012 from 9:00 a.m. – 4:00 p.m. in the Frederick County Health Department auditorium.

This training academy is offered by the Frederick County ROSC, a program

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Recovery Coach Academy / Page 2

made possible by a three-year Substance Abuse and Mental Health Services Administration (SAMHSA) federal grant awarded to Frederick County in September 2010. A Recovery Oriented System of Care (ROSC) is a client-centered approach assisting individuals and families seeking recovery from substance abuse with accessing both treatment and recovery services such as, **recovery coaching**, job training and placement, transportation assistance, life-skills classes, childcare assistance, and other services designed to assist with recovery. ROSC involves developing a recovery community of persons in recovery supporting one another.

This dynamic training covers a variety of topics, including re-thinking the definition of recovery; introducing the role of Recovery Coach and defining its purpose; teaching and providing opportunities to practice effective skills in working with people in recovery; and learning how to mentor someone with differing values and beliefs.

Trainers will be Katherine Shriver, Director of Frederick County ROSC, Carlton Hill, ROSC Coordinator, and Santita Prather, ROSC Program Specialist. A certificate of completion will be given at the end of the training. There is no cost for this initial training. The purpose of this training is to prepare individuals to serve as Recovery Coaches for ROSC participants in Frederick County.

For more information about the Recovery Coach Academy, contact Santita

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Recovery Coach Academy / Page 3

Prather at 301-600-3289 or sprather@FrederickCountyMD.gov. To register for the free training, email your contact information including name, affiliation and phone number to LDembeck@FrederickCountyMD.gov.

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